



**Stressless Dressage Test 1**

**This test is for first timers or those very new to dressage.** Please do not enter this class if you have ever scored 60% or over in any dressage test, **including those tests run by other dressage groups or organisations!**

This test can be ridden in any bit or bitless but please no martingales.

Anyone competing on the lead rein must have the lead rein attached to a caverson noseband and the leader must ensure there is a loop in the lead rein at all times.

NAME AND AGE OF RIDER  
 (IF 18 OR UNDER)  
 NAME OF HORSE  
 JUDGED BY:  
 TIPS AND ADVICE BY:

**Score;**  
**Percentage; %**

|    | MOVEMENTS   | MAX. MARK | JUDGE'S MARK | COMMENTS |
|----|---|-----------|--------------|----------|
| 1  | A enter at medium walk.   | 10        |              |          |
| 2  | X halt, salute. Proceed in medium walk to C.                        | 10        |              |          |
| 3  | C track right in medium walk to B .                                 | 10        |              |          |
| 4  | B working trot. F A K E H C M working trot.                         | 10        |              |          |
| 5  | B medium walk.  | 10        |              |          |
| 6  | A down the centre line in medium walk. X working trot to C.         | 10        |              |          |
| 7  | C track left in working trot. H E K A F B M working trot.           | 10        |              |          |
| 8  | C medium walk.  | 10        |              |          |
| 9  | H X F change the rein free walk on a long rein. F medium walk to E. | 10        |              |          |
| 10 | E working trot to C.  | 10        |              |          |
| 11 | C half circle right 20m to X working trot                           | 10        |              |          |
| 12 | X half circle left 20m to A working trot.                           | 10        |              |          |
| 13 | A medium walk. F commence half circle left 20m to K medium walk.    | 10        |              |          |
| 14 | A turn onto the centre line in medium walk.                         | 10        |              |          |

|  |  |           |  |  |
|--|--|-----------|--|--|
| <b>15</b>  | D working trot. G halt, immobility, salute. Leave arena where convenient free walk on a long rein. | 10        |  |  |
| <b>14</b>  | Regularity and rhythm of paces   | <b>20</b> |  |  |
| <b>15</b>  | Submission, acceptance of aids, confidence, balance, lightness and ease of movements               | <b>20</b> |  |  |
| <b>16</b>  | Impulsion and desire to move forwards, elasticity of steps and suppleness of back                  | <b>20</b> |  |  |
| <b>17</b>  | Position of rider, correctness and effectiveness of aids   | <b>20</b> |  |  |
|  | Total  | 230       |  |  |
|  | Tips and advice.   |           |  |  |
| <p>SCORING EXPLAINED:0= not performed. 1= very bad.2=fairly bad. 3= bad. 4=insufficient. 5=sufficient. 6=satisfactory. 7= fairly good. 8=good. 9= very good. 10=excellent half marks may be used</p> |  |           |  |  |